



# MAIN STAGE SCHEDULE

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<b>11:30AM</b>	<b>Open remarks from City of Cleveland's Mayor Frank G. Jackson</b>
<b>11:45AM</b>	<b>Cleveland Success Stories</b> A panel discussion featuring Cleveland natives that have excelled in their chosen profession. Panelist - DJ Steph Floss, Comedian Rickey Smith, Dr. Angelique Redus-McCoy, Valarie McCall
<b>1:00PM</b>	<b>EmpowerONE Praise Break</b> featuring the Word Church Praise Team
<b>2:00PM</b>	<b>Keynote Speaker Wendy Williams</b>
<b>3:30PM</b>	<b>Sam Sylk's Relationship Hour: Love, Marriage &amp; Finance</b> A panel discussion that will explore relationships and their challenges related to finance. Panelist - Larese Purnell, Chris Marvel, Tirah Thompson, Lady Jordan
<b>5:00PM</b>	<b>Keynote Speaker Iyanla Vanzant</b>



# SEMINARS SCHEDULE

## 12:00PM-12:50PM

Room 26-A	Room 26-B	Room 26-C
<b>Ask the Lawyers</b> Sponsored by the Law Offices of Sheronda D. Dobson, LLC	<b>Keep the Relate in Your Relationship</b> with Life Coach Chris Marvel	<b>Bronner Bros. Hair Care Clinic</b> Sponsored by Bronner Bros.

## 1:00PM-1:50PM

Room 26-A	Room 26-B	Room 26-C
<b>Career Development</b> with Job Market Strategist Dr. Antoine Moss	<b>The Truth About Weight Loss</b> with Weight Loss Nutrition Coach Tanya Richardson	<b>The Art of Natural Hair</b> Sponsored by Naturally Beautiful Hair and Body Shoppe

## 3:00PM-3:50PM

Room 26-A	Room 26-B	Room 26-C
<b>Master Your Credit</b> sponsored by Huntington National Bank	<b>Self Defense 101</b> with Woodmere Village Chief of Police Shelia A. Mason	<b>Bronner Bros. Hair Care Clinic</b> Sponsored by Bronner Bros.

## 4:00PM-4:50PM

Room 26-A
<b>Unlocking Your Business Dreams</b> with Heather Holmes



# SEMINAR DESCRIPTIONS

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Bronner Bros. Hair Care Clinic Sponsored by Bronner Bros.	Bronner Bros. will make your beauty their business. Learn a few tips to manage your hair from their professional team.
Keeping the Relate in Your Relationship	Learn how to maintain positive communication, trust and intimacy in your relationship for long term success.
Master Your Credit Sponsored by Huntington National Bank	Experts from Huntington National Bank will show you how to overcome financial struggles, understand and improve your credit score, small business financing information and more.
The Art of Natural Hair Care Sponsored by Naturally Beautiful Hair and Body Shoppe	Learn from a natural hair care specialist how to master and be the expert of your own beautiful natural curls with tips about your hair type, retaining moisture, hair porosity, styling techniques and more.
Ask the Lawyers Sponsored by the Law Offices of Sheronda D. Dobson, LLC	A panel of legal experts discuss divorce, child support, spousal support, grandparents' rights and social security benefits.
Career Development	Learn how to communicate, collaborate, and innovate more effectively – even under situations of high stress and continuous change - which will allow you to create your own roadmap to get to your career destination.
Self Defense 101	A fun and interactive workshop that will teach you how to defend yourself in any situation
The Truth About Weight Loss	A weight loss nutrition coach will cover weight loss myths, the best exercises for weight loss and more!